

Developing Your Philosophy

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Our Game Plan

- Coaching Philosophy.
- Ethical Dilemma.
- Coach Chaffin's Philosophy.
- What is Philosophy and Why is it important?
- Know yourself – Know your athletes.
- The Millennials.
- Example Philosophies.
- (12) steps in developing your philosophy.

Coaching Philosophy

- Everyone is a coach!
 - A tutor, a trainer, a person who prepares people.

Ethical Dilemma

- LHP – 1st Rounder.
- Regional Tournament.
- Night before big game.
- Situation.

What do you do?

- A. Meet with your player and say that the team rules say "No Alcohol" and then suspend him.
- B. Ignore it, let it go, let him play.
- C. Let him play but punish him.

The Answer

- It doesn't happen because you have set your philosophy in place and preached it over and over to your team.
- Does a philosophy solve every problem?
- Absolutely not! It does prevent headache and hard problems and leaves you with small situations.

My Philosophy in 1981

- **“My team will outwork all other teams during games and try to prepare for all situations which will give us an advantage when we meet our competition.”**
- My team (I am just the Captain of the ship and I am outnumbered by the sailors) It is OUR TEAM.
- Outwork (Seriously? How hard do I know other teams are working?)
- During games (If I am trying to outwork other teams during games, I am beat before we play. You work during practice and you play during games.)
- All situations (that is just funny).
- Advantage when we meet in competition (that is just my English minor coming out to close the short, meaningless paragraph.)
- I received a grade of 98 in this class and had no sound philosophy, even though the whole class and all projects were based on that philosophy.
- **Now look at my philosophy 30 years later ...**

What is your philosophy?

- My philosophy.
- “Through correct (knowledge that has been tested), hard work (my definition, not yours) and constant study and analysis, foster an environment of strong relationships between players and coaches that allows for feedback and honest communication and focuses on long-term development of the person and the player.”

Flexible

- Can accommodate your style of athlete
- 2010 CHS Baseball
 - Stolen bases 37 of 51.
- 2011 CHS Baseball
 - Stolen bases 142 of 154.

Coach Chaffin’s Philosophy cont’d

- As a coach you must be flexible to change if you change.
- Philosophy must be simple for them; complex for you.
- Your philosophy should be a guide to answer your problems and solve others.

What is philosophy?

- A process of thought.
- A product of logical discourse.
- The love of wisdom.
- A human endeavor that leads to truth, meaning, freedom, justice, virtue, humanness, & choices.
- A way of life.
- An expression of values, beliefs, & actions.
- Dynamic.

Have you asked yourself ...

- Why am I coaching?
- Who am I doing this for?
- What kind of coach do I want to be?
- Is winning everything?
- What is my style of play?

Why is philosophy important?

- Most general form of human understanding.
- Helps formulate & answer critical questions.
- Helps solve ethical dilemmas.
- Assists individuals in evaluating their beliefs.
- Provides method of thinking about issues & behavior.
- Gives insight into how others think, believe, understand, & act.
- Becomes the key to ethics.
- Acts as filter for viewing surroundings.

Developing Your Philosophy

1. Know yourself
 - I am a teacher first.
 - Hard work.
 - Evaluate our talent daily.
 - Build strong relationships.
 - The hardest part is the commitment to long term development.

Developing Your Philosophy cont'd

2. Know your athletes:
The Millennials are Coming!

Nucor Steel Philosophy

“Hire 5, work them like 10, pay them like 8.”

Examples We Understand ...

- “The Fist” – Coach Mike Krzyzewski
- “I think the most important aspects of coaching are credibility, trust, and communication.” – Marty Schottenheimer
- “Caring, commitment, and trust” – Lou Holtz
- “Take Five, Escapism, and Fantasy” – Disney World
- Story of Toys R’ Us

WOODEN ON LEADERSHIP.

PYRAMID OF SUCCESS

“Success is peace of mind which is a direct result of self-satisfaction in knowing you made the effort to become the best of which you are capable.”
John Wooden, Head Coach

12 LESSONS IN LEADERSHIP

1. Good Values Attract Good People
2. Love is The Most Powerful Four-Letter Word
3. Call Yourself A Teacher
4. Excellence Is Your Enemy
5. It Takes 10 Hours To Make A Bucket
6. Little Things Make Big Things Happen
7. Make Each Day Your Masterpiece
8. The Current Is Mightier Than A Stick
9. Make Greatness Attainable By All
10. Seek Significant Change
11. Don't Look At The Scoreboard
12. Adversity Is Your Asset

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Joshua Wooden's Philosophy: (7) Point Creed

- Be true to yourself.
- Help others.
- Make each day your masterpiece.
- Drink deeply from good books; especially the Bible.
- Make friendship a fine art.
- Build a shelter against a rainy day.
- Pray for guidance and count and give thanks for your blessings every day.

Joshua Wooden's Two Sets of Threes

- Never lie.
- Never cheat.
- Never steal.
- Don't whine.
- Don't complain.
- Don't make excuses.

(12) Steps to Developing Your Philosophy

1. What are your motives?
2. What are your values?
3. How hard are you willing to work?
4. Do you have a thorough understanding of the sport science principles?
5. Do you meet your athletes where they are at?
6. Always do the right thing – your philosophy must be ethically based.

(12) Steps cont'd

7. What is your opinion of professional development?
8. Can you discipline without being demeaning?
9. Focus on building relationships.
10. What is your philosophy on having fun?
11. How do you define winning?
12. How will you incorporate "service" into your philosophy?

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